

# SPORTING LIFE BEACH



Hotel DESIREE

is pleased to offer free lessons  
**PILATES** and **STRETCHING**



Every Tuesday and Thursday  
from July 6th 2010, at 09:30

in the area near the swimming pool. The 50 minutes lessons will be hosted by Sergio Pedone doctor in physical education, a member of Back School, specialized in spine and posture.



## Private lessons

Should you require a **Personal Trainer**, please contact the reception.  
For info timetables and cost contact the reception desk or call 339 4780143